

DERMAPLANING

CONTRAINDICATIONS & INFORMATION

You cannot receive Dermaplaning if you have any of the following:

Must be 18 years or older

Medical Conditions:

Have active cancer

Had Chemotherapy or Radiation within 1 year

Have uncontrolled diabetes

Are taking blood thinners, higher dosages of Aspirin, or anti-coagulants

Have bleeding or blood clotting disorders

Have a history of Keloid Scarring (raised & thickened scar tissue that develops after a skin injury)

Have Vertigo or an inability to be reclined

Have Anxiety or an inability to remain still

Had Facial Procedures/Treatments:

Facial Waxing within 48 hours

Botox/Fillers within 1 week

Laser Treatment within 2 weeks (or until healed)

Chemical Peel within 2 weeks (or until healed)

Microneedling within 2 weeks

Accutane, or similar treatment, within 12 months

Have Active Skin Conditions:

Moderate to Severe Acne (Grades III & IV)

Cold Sore

Rash

Sunburn

Recommendations Pre- & Post-Treatment

- Refrain from any type of scrub exfoliant as well as OTC retinols, hydroxy acids, and benzoyl peroxide for 48 hours pre & post treatment. Refrain from prescription retinols, hydroxy acids, and benzoyl peroxide for 5 days pre & post treatment.
- For those with darker skin tones or prone to Post Inflammatory Hyperpigmentation (PIH), it is recommended to treat the skin with a melanin suppressant for 2 weeks pre & post treatment. Common examples of gentle melanin suppressants include Vitamin C, Kojic Acid, Azelaic Acid, Niacinamide, and Licorice Root Extract among others.
- If prone to cold sores, it is recommended to take a prophylactic 48 hours pre & post treatment.
- Avoid sun exposure & tanning beds for 7 days before treatment, and 14 days after. It is important to be diligent with SPF following a treatment, by reapplying every 2 hours if spending time outside.
- For gentlemen, this treatment cannot be done in areas where there is facial hair, or where facial hair would normally grow.