



## DRINKS

### TREEHOUSE GREEN JUICE

(v) (gf)  
Kale / Cucumbers / Apples / Celery / Spinach

### SWEET SUNRISE JUICE

(v) (gf)  
Pineapple / Ginger / Basil / Carrots / Orange Juice / Apple / Turmeric / Lemon Juice

### JUICE SELECTION

(v) (gf)  
Orange / Grapefruit / Pineapple / Tomato / Cranberry

### SMOOTHIE

(v) (gf)  
Mixed Berries / Banana / Figs / Rice Milk / Vanilla Bean

### COFFEE

Our locally sourced MOKA Origins Fresh-Roasted Coffee Beans / Cappuccino / Espresso

### THE TEA SPOT TEA

A full tea menu is available.

### THERAPEUTIC LATTE (\$)

Our therapeutic lattes provide a pleasant pause to your day and can serve as a meditative and sensory indulgence that supports and ignites a lifestyle aligned with overall health and well-being. Ask your server for more information on our therapeutic lattes.

### TREEHOUSE MARY (\$)

Crop Organic Lemon Vodka / McClure's Mild Mary Mixer / Blackmore Farm Herbed-Salted Rim / Seasonal Toppings

### MIMOSA OF THE DAY (\$)

Ask your server about our mimosa of the day.

### KOMBUCHA (\$)

Ask your server about our kombucha of the day.

## MAIN

### BREAKFAST BLT (vegan upon request) (df) (s) (se)

Avocado / Tomatoes / Hickory Bacon / Blackmore Farm Greens / Chipotle Aioli / Sprouted Grain Bread

### SPA POWER BOWL (vegan upon request) (veg) (gf) (se)

Greek Yogurt / Pumpkin Spice Overnight Oats / Chia Seeds / Cacao Nibs / Fresh Berries / House-Made Granola

### TASSO HAM & MANCHEGO OMELET\* (gf)

Blackmore Farm Swiss Chard / Bell Peppers / Caramelized Onions / Local Farm Eggs

### AVOCADO TOAST (gf upon request) (df) (se)

Hard Boiled Egg / Sliced Avocado / Shaved Radish / Tomato / Microgreens / Multi-Grain Ciabatta

### TWO FARM EGGS\* (gf) (df)

Cooked to Order – Fried / Scrambled / Poached

### HARVEST VEGETABLE HASH\* (vegan upon request) (gf) (df)

Butternut Squash / Delicata Squash / Fingerling Potatoes / Blackmore Farm Kale / Bell Peppers / Caramelized Onions / Fines Herbes / Sunny Side Up Egg

### CINNAMON FRENCH TOAST

Single Origin Cinnamon / Apple Cranberry Compote / Maple-Toasted Oats / Local Maple Syrup

### SMOKED SALMON PLATTER (s) (se)

Choice of Bagel / Smoked Salmon / Tomatoes / Red Onions / Capers / Dill Cream Cheese

### EGGS BENEDICT\* (s)

Poached Eggs / Canadian Bacon / Hollandaise / Toasted English Muffin / Broccoli / Blackmore Farm Micro Greens

### BUTTERNUT SQUASH SHAKSHUKA (vegan upon request)

Middle Eastern Roasted Tomatoes / Poached Eggs / Avocado / Feta Cheese / Fines Herbes / Rosemary Ciabatta

### STRAWBERRY BANANA ACAI BOWL (vegetarian upon request) (gf)

Multi Source Collagen Protein / Strawberries / Vanilla Greek Yogurt / Sliced Banana / House Made Granola

## FROM OUR GARDEN BUFFET

HOT STEEL CUT OATMEAL (v) (gf) (se) (df)

CHOBANI NON-FAT GREEK YOGURT (veg) (gf)

COTTAGE CHEESE

BREAKFAST BREADS

HOUSE-MADE GRANOLA (v) (gf) (se) (s)

MIXED FRESH FRUIT & BERRIES

ASSORTED JAMS & PRESERVES

## SIDES

HOMEFRIED FINGERLING POTATOES WITH CARAMELIZED ONIONS (gf)

TURKEY SAUSAGE PATTY (gf) (df)

HICKORY SMOKED BACON (gf) (df)

BAGEL WITH CREAM CHEESE (veg) (s)

Choice of Blueberry / Everything (se) / Plain / Whole Wheat / Gluten Free Plain (gf) / Gluten Free Everything (gf) (se)

TOAST (s)

Choice of Whole Wheat / Country White / Rye / English Muffin / Gluten Free Roll

v = Vegan veg = Vegetarian gf = Gluten Friendly n = Contains Nuts df = Dairy Free gel = Animal Gelatin s = Soy se = Contains Seeds

Many items can be made gluten friendly or vegan upon request. Ask your server for more information.

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness. Items cooked to your liking.

We are proud of sourcing only sustainable seafood, local produce and our own Blackmore Farm herbs and vegetables, hormone-free beef and free-range poultry. Locally sourced farms include: Willow Wisp / Calkin's Creamery / Mountain View Mushrooms / Harvest Moon Microgreens / Quails R' Us / Lukan's Farm Resort / Blackmore Farm / Lato Sud Farm / Hudson Valley Fish Farms / Subarashii Kudamono