



## DRINKS

### TREEHOUSE GREEN JUICE

(v) (gf)  
Kale / Cucumbers / Apples / Celery / Spinach

### SWEET SUNRISE JUICE

(v) (gf)  
Pineapple / Ginger / Basil / Carrots / Orange Juice

### JUICE SELECTION

(v) (gf)  
Orange / Grapefruit / Pineapple / Tomato / Cranberry

### SMOOTHIE

(v) (gf)  
Banana / Pineapple / Mango / Coco Lopez / Coconut Milk

### COFFEE

Our locally sourced MOKA Origins Fresh-Roasted Coffee Beans / Cappuccino / Espresso

### THE TEA SPOT TEA

A full tea menu is available.

### THERAPEUTIC LATTE (\$)

Our therapeutic lattes provide a pleasant pause to your day and can serve as a meditative and sensory indulgence that supports and ignites a lifestyle aligned with overall health and well-being. Ask your server for more information on our therapeutic lattes.

### TREEHOUSE MARY (\$)

Crop Organic Lemon Vodka / McClure's Mild Mary Mixer / Blackmore Farm Herbed-Salted Rim / Calkin's Creamery Cheese Curd / McClure's Garlic & Dill Pickle Spear

### MIMOSA OF THE DAY (\$)

Ask your server about our mimosa of the day.

### KOMBUCHA (\$)

Ask your server about our kombucha of the day.

## MAIN

### BREAKFAST BLT

(vegan upon request) (df) (s) (se)  
Avocado / Tomatoes / Hickory Bacon / Blackmore Farm Greens / Chipotle Aioli / Sprouted Grain Bread

### SPA POWER BOWL

(vegan upon request) (veg) (gf) (se)  
Greek Yogurt / Moka Origins Chocolate Overnight Oats / Chia Seeds / Cacao Nibs / Fresh Berries / House-Made Granola

### SPRING HARVEST OMELET\*

(gf)  
Shaved Roasted Brussels Sprouts / Bell Peppers / Caramelized Onions / Parmesan Cheese / Local Farm Eggs

### OPEN FACED EGG WHITE OMELET\*

(gf)  
Broccoli / Cremini Mushrooms / Boursin Cheese / Chives

### TWO FARM EGGS\*

(gf) (df)  
Cooked to Order – Fried / Scrambled / Poached

### SPRING VEGETABLE HASH\*

(vegan upon request) (gf) (df)  
Asparagus / Broccoli / Green Peas / Fingerling Potatoes / Blackmore Farm Red Russian Kale / Bell Peppers / Caramelized Red Onions / Fines Herbes / Poached Egg

### BUTTERMILK PANCAKES

Maine Grains Flour / Strawberry Rhubarb Compote / Fresh Berries / Maple-Toasted Oats / Local Maple Syrup

### SMOKED SALMON PLATTER

(s) (se)  
Choice of Bagel / Smoked Salmon / Tomatoes / Red Onions / Capers / Dill Cream Cheese

### EGGS BENEDICT\*

(s)  
Poached Eggs / Canadian Bacon / Hollandaise / Toasted English Muffin / Broccoli / Blackmore Farm Micro Greens

### SHAKSHUKA

(vegan upon request) (df)  
Middle Eastern Roasted Tomatoes / Poached Eggs / Avocado / Fines Herbes / Rosemary Ciabatta

### ACAI BOWL

(vegan upon request) (gf) (df)  
Multi Source Collagen Protein / Blueberries / Blackberries / Strawberries / Raspberries / Sliced Banana / House Made Granola

## FROM OUR GARDEN BUFFET

### HOT STEEL CUT OATMEAL

(v) (gf) (se) (df)

### CHOBANI NON-FAT GREEK YOGURT

(veg) (gf)

### COTTAGE CHEESE

### BREAKFAST BREADS

### HOUSE-MADE GRANOLA

(v) (gf) (se) (s)

### MIXED FRESH FRUIT & BERRIES

### ASSORTED JAMS & PRESERVES

## SIDES

### HOMEFRIED FINGERLING POTATOES WITH CAMELIZED ONIONS

(gf)

### BOAR'S HEAD TURKEY

### SAUSAGE PATTY

(gf) (df)

### HICKORY SMOKED BACON

(gf) (df)

### BAGEL WITH CREAM CHEESE

(veg) (s)  
Choice of Asiago / Everything (n) / Plain / Whole Wheat

### TOAST

(s)  
Choice of Whole Wheat / Country White / Rye / English Muffin / Gluten Free Roll

v = Vegan veg = Vegetarian gf = Gluten Friendly n = Contains Nuts df = Dairy Free gel = Animal Gelatin s = Soy se = Contains Seeds

Many items can be made gluten friendly or vegan upon request. Ask your server for more information.

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness. Items cooked to your liking.

**We are proud of sourcing only sustainable seafood, local produce and our own Blackmore Farm herbs and vegetables, hormone-free beef and free-range poultry.** Locally sourced farms include: Willow Wisp / Calkin's Creamery / Mountain View Mushrooms / Harvest Moon Microgreens / Quails R' Us / Lukan's Farm Resort / Blackmore Farm / Lato Sud Farm / Hudson Valley Fish Farms / Subarashii Kudamono