

# FACT SHEET

## THE LODGE AT WOODLOCH

WHERE NATURE NURTURES, SERVICE INSPIRES, & CHOICE IS CULTIVATED

The Lodge at Woodloch is an award-winning destination spa resort located just 2-3 hours from the New York City and Philadelphia metro areas. The all-inclusive property embraces a philosophy of personal awakening. As so many individuals get swept up in the whirlwind of life, guests have the opportunity to shift from their everyday routines and re-focus on themselves. They can reconnect to the creative and stress-relieving outlets that will continue to benefit them long after they leave.

### **ALL-INCLUSIVE WELLNESS EXPERIENCE**

- All stays are inclusive of luxurious overnight accommodations, 3 artfully-crafted gourmet meals per night staying, and activities for the mind, body, and soul from the class and activity schedule (over 35 offerings daily):
- Access to all spa facilities
- Menu of award-winning à la carte spa treatments to choose from
- Fitness classes and facilities
- MindBody classes
- Wellness classes and events
- Creative discovery
- Outdoor experiences
- Gourmand offerings
- Weekend speakers and events

### **ACCOMMODATIONS:**

- Guest rooms and suites feature a biophilic design that highlights nature as the design muse
- 59 guest rooms including forty-nine - 400 square-foot Classic Standard rooms, nine - 500 square-foot Veranda Junior Deluxe rooms and, one 1,000 square-foot One-Bedroom Suite
- Each guest room features its own private veranda
- Lake or Rock Garden Waterfall views
- Complimentary wireless internet access
- Granite countertop double sinks with filtered water faucet for complimentary reusable water bottle for sustainability
- Marble baths with walk-in showers and private water closets
- 55" Smart TV



## THE SPA EXPERIENCE:

The heart and soul of the experience lies within the 40,000 square-foot spa. Prior to arrival, a Spa Concierge will assist in planning a personalized itinerary filled with experiences for the mind, body, and soul.

## THE SPA FACILITIES INCLUDE:

- 27 treatment rooms including massage therapy rooms, facial rooms, wet rooms, couple's suites, treatment combination suites, and a Float Therapy room
- Two co-ed lounges for post-treatment relaxation: Whisper- A Silent Sanctuary and Gather- A Social Suite each with cozy fireplaces
- Whisper Lounge Porch offers a serene screened outdoor porch with rockers and a swing
- Lotus Salon - hair services as well as manicures and pedicures with lake views
- Great Things Boutique - features exclusive spa products, *Nurture with Nature* cookbook, jewelry, chic athleisure wear, and more
- Private Men's and Women's Retreats:
  - Luxurious private fireplace lounges with tea bars for relaxing between treatments
  - Spacious locker and vanity areas
  - Private shower/changing rooms with oversized showers and river stone floors
  - Detoxifying sauna, eucalyptus steam room, and whirlpool with woodland views
  - Windowed porches with nature views to relax
- Aqua Garden:
  - Co-ed therapeutic soaking pools, with four and eight foot Hydromassage WaterWalls
  - Indoor pool specially designed for both aqua classes and leisure enjoyment
  - Renewal Retreat which includes a relaxation area along with the new co-ed Snow Room, Himalayan Salt Sauna, and Tyrolean Bucket Shower
  - Outdoor, horizon-edge whirlpool
  - Sun terrace for outdoor lounging

## FITNESS & MINDBODY STUDIOS:

- 3,500 square foot CardioWeight Studio with state-of-the-art resistance weights, free-weights, and TRX suspension training area. A selection of cardio equipment such as treadmills, elliptical machines, recumbent and spinning bikes, arc trainers, AMT's, and dedicated Pilates training area
- Three multi-purpose studios for a variety of exercise classes including HIIT programs, Pilates, stretching and flexibility, strength conditioning, Barre, kickboxing, Tai Chi, Qigong, Yoga Wall, and more
- Spinning Studio and Rowing Room with WaterRower rowing machines and Pilates tower stations
- Large fitness lounge with tea bar



## PROPERTY FEATURES:

- Lake resort featuring over 500 pristine acres of fern-carpeted woodlands, gardens, nature trails, and waterscapes
- Over seven miles of paved and unpaved nature trails
- Private 15-acre lake for lake activities and relaxation
- Outdoor relaxation areas including hammock groves and Adirondack chairs
- Custom-designed Lotus Labyrinth
- Many outdoor fire pits for cozy gatherings or quiet relaxation
- Private championship golf and tennis/pickle ball courts - located at Woodloch Springs Country Club
- Fireside Room and River Birch Board Room with large flat-screen TVs for private meetings or social gatherings
- Complimentary wireless internet access throughout

## CULINARY OFFERINGS:

- 100-seat TREE Restaurant and Bar serving sophisticated farm-fresh, local, and organic cuisine, overlooking the lake. The Chef's Kitchen, Lotus Room, and Library offer private space for groups or special occasions
- Artful cooking and baking demonstrations and Chef-hosted dinners
- Curated wine list with over 200 selections as well as signature cocktail and craft ale lists
- Wine tasting classes
- The Blackmore Farm at The Lodge at Woodloch features a vegetable and herb garden, orchard, composting operation, mushroom logs, and high tunnels

## OUTDOOR EXPERIENCES:

- Outdoor Experiences Concierge assists guests with open-access outdoor adventure options such as kayaking, stand-up paddle boarding, fishing, biking, snowshoeing, disc golf, and archery
- Owl's Nest outdoor experiences classroom features a beautiful rustic setting for seasonal classes
- Guided outdoor experience offerings change with the seasons. Unique offerings may include Forest Bathing, snowshoeing, Nocturnal Walks, or the Tusten Mountain Hike

## CREATIVE DISCOVERY:

- The expanded Art Studio (added in 2022) is located in the heart of the building. The new space features wallpaper made from recycled magazine pages saddle stitched together, overhead camera projected on flat-screen TVs for art instruction, and a drying cabinet for added ventilation
- Class offerings change seasonally and include traditional art mediums such as painting, sketching, and pastels as well as unique twists such as Zendoodle.

## ACCOLADES:

- Condé Nast Traveler Readers' Choice Awards Best Resort and Top Destination Spa, 2011-Present
- Travel + Leisure World's Best Awards Top Destination Spa, 2007, 2009, and 2011-Present
- USA Today 10Best Awards Best Wellness Retreat, 2021
- Wine Spectator Award of Excellence, 2011-Present
- Organic Spa Magazine Best Solo Getaway, 2021
- TripAdvisor Travelers' Choice Award, 2011-Present



## **PROPERTY DETAILS AT A GLANCE:**

- Location: 109 River Birch Lane, Hawley PA (Just over 100 miles from New York City and 145 Miles from Philadelphia)
- Opening Date: June, 2006. Spa Renovated 2018. Guest Rooms Refreshed 2022
- General Manager: Robert Baldassari
- Pricing: Prices are seasonal and based on availability. Please check website for best available rate
- Age: Adults only, 16+

## **DESIGN:**

Upon arriving at The Lodge at Woodloch, guests are immediately drawn by the warm atmosphere and graciously designed facilities, created by architects Cooper Carry of New York and interior designer Jinnie Kim Design of Boston. Visitors enter from the porte-cochere into the Garden Hall, rich with foliage and featuring an impressive 14-foot glass cupola. A set of three over-sized chakra bowls greet each guest at the entrance which, when rung, creates sounds and vibrations that resonate within the individual, setting the tone for the rest of the stay. The new Chakra Lounge offers guests a calm oasis for relaxation or quiet conversation. The Treetop Terrace offers stunning views of the lake and FireCircle Patio, perfect for sunset gazing.

Elegant common areas for mingling and quiet contemplation are sprinkled throughout the property. Visitors can savor the way in which the beauty of the outdoors is brought indoors through the abundance of floor-to-ceiling windows as well as verandas and terraces throughout the property.

The spa relaxation areas were designed by D'Aquino Monaco as a sanctuary for the senses. Guests can relax in the co-ed lounges or immerse themselves at the Aqua Garden, complete with therapeutic soaking pools with dramatic Hydromassage WaterWalls surrounded by native boulders.

## **PRESS IMAGE GALLERY AVAILABLE UPON REQUEST.**

## **SOCIAL MEDIA:**

Instagram: @TheLodgeAtWoodloch

Facebook: @LodgeAtWoodloch

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