



## DRINKS

### TREEHOUSE GREEN JUICE

*(v) (gf)*  
Kale / Cucumbers / Apples / Celery / Spinach

### SWEET SUNRISE JUICE

*(v) (gf)*  
Pineapple / Ginger / Basil / Carrots / Orange Juice

### JUICE SELECTION

*(v) (gf)*  
Orange / Grapefruit / Pineapple / Tomato / Cranberry

### SMOOTHIE

*(v) (gf)*  
Strawberries / Bananas / Apples / Dates / Vanilla / Cinnamon / Oat Milk

### COFFEE

*Our locally sourced MOKA Origins Fresh-Roasted Coffee Beans / Cappuccino / Espresso*

### THE TEA SPOT TEA

*A full tea menu is available.*

### THERAPEUTIC LATTE (\$)

*Our therapeutic lattes provide a pleasant pause to your day and can serve as a meditative and sensory indulgence that supports and ignites a lifestyle aligned with overall health and well-being. Ask your server for more information on our therapeutic lattes.*

### TREEHOUSE MARY (\$)

*A morning favorite- Crop Organic Lemon Vodka / McClure's Mild Mary Mixer / Blackmore Farm Herbed-Salted Rim / Calkin's Creamery Cheese Curd / McClure's Garlic & Dill Pickle Spear*

### MIMOSA OF THE DAY (\$)

*Ask your server about our mimosa of the day.*

### KOMBUCHA (\$)

*Ask your server about our kombucha of the day.*

## MAIN

### BREAKFAST BLT

*(vegan upon request) (df) (s) (se)*  
Avocado / Tomatoes / Hickory Bacon / Blackmore Farm Greens / Sprouted Grain Bread / Chipotle Aioli

### SPA POWER BOWL

*(veg) (gf) (se)*  
Greek Yogurt / Overnight Oats / Chia Seeds / Strawberries / Blueberry Compote / House-Made Granola

### SOUTHERN OMELET\*

*(gf)*  
Peppers / Onions / Calkin's Creamery Barn Red Cheddar Cheese / Tasso Ham / Local Farm Eggs

### OPEN FACED EGG WHITE OMELET\*

*(gf)*  
Cremini Mushrooms / Wilted Spinach / Asparagus / Caramelized Onions / Goat Cheese / Chives

### TWO FARM EGGS\*

*(gf) (df)*  
Cooked to Order - Fried / Scrambled / Poached / Whites

### SWEET POTATO HASH\*

*(vegan upon request) (gf)*  
Roasted Sweet Potatoes / Brussels Sprouts / Organic Kale / Caramelized Red Onions / Fine Herbs / Sunny Side Up Egg

### PEANUT BUTTER BANANA PANCAKES

*(n)*  
Buttermilk Pancakes / House-Made Peanut Butter / Roasted Peanuts / Ripe Bananas / Tonjes Farm New York Maple Syrup / Fresh Strawberries

### SMOKED SALMON PLATTER

*(se)*  
Choice of Bagel / Smoked Salmon / Tomatoes / Red Onions / Capers / Dill Cream Cheese

### JUEVOS RANCHEROS ENGLISH MUFFIN

*(vegetarian upon request) (s)*  
Over Easy Egg / Chorizo Sausage / Pico de Gallo / Queso Fresco / Micro Cilantro / Avocado / Chipotle Lime Aioli

### AVOCADO TOAST

*(df)*  
House-Made Guacamole / Lemon / Rosemary Ciabatta / Blackmore Farm Radish Micro Greens / Shaved Radishes / Tomato / Pickled Red Onions / Hard Boiled Egg

### ACAI BOWL

*(vegan upon request) (gf) (df) (s)*  
Multi-Source Collagen Protein\* / Acai Puree / Strawberries / Blueberries / Bananas / Raspberries / House-Made Granola \*Collagen Protein contains seafood.

## FROM OUR GARDEN BUFFET

### HOT STEEL CUT OATMEAL

*(v) (gf) (se) (df)*

### CHOBANI NON-FAT GREEK YOGURT

*(veg)*

*(gf)*

### COTTAGE CHEESE

### BREAKFAST BREADS

### HOUSE-MADE GRANOLA

*(v) (gf) (se) (s)*

### MIXED FRESH FRUIT & BERRIES

## SIDES

### BREAKFAST POTATOES WITH

### CARAMELIZED ONIONS

*(gf)*

### BREAKFAST SAUSAGE

*(gf) (df)*

### HICKORY SMOKED BACON

*(gf) (df)*

### BAGEL WITH CREAM CHEESE

*(veg) (s)*  
Choice of Asiago / Everything (n) / Plain / Whole Wheat / Onion

### TOAST

*(s)*  
Choice of Whole Wheat / Country White / Rye / English Muffin / Gluten Free Roll / Assorted Jam

*v = Vegan veg = Vegetarian gf = Gluten Friendly n = Contains Nuts df = Dairy Free gel = animal gelatin s = soy se = Contains Seeds*

*Many items can be made gluten friendly or vegan upon request. Ask your server for more information.*

*\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness. Items cooked to your liking.*

*We are proud of sourcing only sustainable seafood, local produce and our own Blackmore Farm herbs and vegetables, hormone-free beef and free-range poultry. Locally sourced farms include: Willow Wisp / Calkin's Creamery / Mountain View Mushrooms / Harvest Moon Microgreens / Quails R' Us / Lukan's Farm Resort / Blackmore Farm / Lato Sud Farm / Hudson Valley Fish Farms / Subarashii Kudamono*