

# **DRINKS**

# TREEHOUSE GREEN JUICE

(v) (gf) Kale / Cucumbers / Apples / Celery / Spinach

# **SWEET SUNRISE JUICE**

(v) (gf) Pineapple / Ginger / Basil / Carrots / Orange Juice

# **JUICE SELECTION**

(v) (gf) Orange / Grapefruit / Pineapple / Tomato / Cranberry

#### **SMOOTHIE**

(v) (gf)
Pineapple / Peach / Banana / Flaxseed / Fresh Ginger /
Coconut Milk

#### **COFFEE**

Our locally sourced MOKA Origins Fresh-Roasted Coffee Beans / Cappuccino / Espresso

### THE TEA SPOT TEA

A full tea menu is available.

## THERAPEUTIC LATTE (\$)

Our therapeutic lattes provide a pleasant pause to your day and can serve as a meditative and sensory indulgence that supports and ignites a lifestyle aligned with overall health and well-being. Ask your server for more information on our therapeutic lattes.

### TREEHOUSE MARY (\$)

A morning favorite- Crop Organic Lemon Vodka / McClure's Mild Mary Mixer / Blackmore Farm Herbed-Salted Rim / Calkin's Creamery Cheese Curd / McClure's Garlic & Dill Pickle Spear

## MIMOSA OF THE DAY (\$)

Ask your server about our mimosa of the day.

# KOMBUCHA (\$)

Ask your server about our kombucha of the day.

# MAIN

# BREAKFAST BLT (df) (s) (se) (vegan upon request)

Avocado / Tomatoes / Hickory Bacon / Blackmore Farm Greens / Chipotle Aioli / Sprouted Grain Bread

# **SPA POWER BOWL** (veg) (gf) (s) (se)

Greek Yogurt / Overnight Oats / Chia Seeds / Strawberries / Blueberry Compote / House-Made Granola

# **SWEET ITALIAN SAUSAGE OMELET\*** (gf)

Peppers / Onions / Calkin's Creamery Barn Red Cheddar Cheese / Local Farm Eggs / Pepperoncini

### OPEN FACED EGG WHITE OMELET\* (gf)

Cremini Mushrooms / Wilted Spinach / Caramelized Onions / Goat Cheese / Chives

# TWO FARM EGGS\* (gf) (df)

Cooked to Order-Fried / Scrambled / Poached

### **SWEET POTATO HASH\*** (v) (qf)

Roasted Sweet Potatoes / Organic Kale / Caramelized Red Onions / Sunny Side Up Egg

# PEANUT BUTTER BANANA PANCAKES (n)

Buttermilk Pancakes / House-Made Peanut Butter / Roasted Peanuts / Ripe Bananas / Tonjes Farm New York Maple Syrup / Fresh Strawberries

### **SMOKED SALMON PLATTER**

Choice of Bagel / Smoked Salmon / Tomatoes / Red Onions / Capers / Dill Cream Cheese

### **BREAKFAST TACOS (S)**

Scrambled Local Farm Eggs / Vegan Chorizo Sausage / Pico de Gallo / Queso Fresco / Micro Cilantro / Flour Tortillas

### **SHAKSHUKA**

Middle Eastern Roasted Tomatoes / Poached Eggs / Avocado / Fine Herbs / Feta Cheese / Rosemary Ciabatta

# TASSO HAM POLENTA CAKE (gf)

Scallions / Hominy Grits / Country Gravy / Sautéed Blackmore Farm Greens / Poached Egg

# FROM OUR GARDEN BUFFET

HOT STEEL CUT OATMEAL (v) (gf) (se) (df)

CHOBANI NON-FAT GREEK YOGURT (veg) (gf)

**COTTAGE CHEESE** 

**BREAKFAST BREADS** 

HOUSE-MADE GRANOLA (v) (gf) (se) (s)

**MIXED FRESH FRUIT** 

# **SIDES**

BREAKFAST POTATOES WITH CARAMELIZED ONIONS (gf)

BREAKFAST SAUSAGE (gf) (df)

HICKORY SMOKED BACON (gf) (df)

# BAGEL WITH CREAM CHEESE (veg) (s)

Choice of Asiago / Everything (n) / Plain / Whole Wheat / Onion

### TOAST (s)

Choice of Whole Wheat / Country White / Rye / English Muffin / Gluten Free Roll / Assorted Jam

v = Vegan veg = Vegetarian gf = Gluten Friendly n = Contains Nuts df = Dairy Free gel = animal gelatin s = soy se = Contains Seeds

Many items can be made gluten friendly or vegan upon request. Ask your server for more information.

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of food borne illness. Items cooked to your liking.

We are proud of sourcing only sustainable seafood, local produce and our own Blackmore Farm herbs and vegetables, hormone-free beef and free-range poultry. Locally sourced farms include:

Willow Wisp / Calkin's Creamery / Mountain View Mushrooms / Harvest Moon Microgreens / Quails R' Us / Lukan's Farm Resort / Blackmore Farm / Lato Sud Farm / Hudson Valley Fish Farms / Subarashii Kudamono